

Dietetic Clinic for Teaching and Research
營養學治療及教研中心

Nutrition Therapy & Health Check Plans

營養治療及健康檢查計劃

Nutrition services will be conducted by qualified dietitians 所有營養服務均由註冊營養師主理

Regular monitoring of health status is important for maintaining good health. This service provides both health check (assessed by a general practitioner) and nutrition assessment/consultation (conducted by a registered dietitian). Clients have the option of joining plans that include individualised nutrition advice at a discounted rates. These are suitable for those who maybe overweight or are concerned about their health and lifestyle and would benefit from an assessment of their current health status and individualised dietary advice.

維持良好健康應進行定期身體檢查。這項新計劃能同時為您提供詳細身體檢查(連醫生諮詢)及營養評估/諮詢。您亦可按需要選擇包括個別營養諮詢的計劃。特別適合過重人士或關心自己健康和生活習慣的人士，透過這計劃認識自己的健康狀況，接受專業飲食建議以改善健康。

Basic Plan 基本計劃

- Nutrition Assessment + Standard Health Check (with detailed medical report) + Follow-up doctor consultation for report interpretation
- 營養評估 + 標準健康檢查 (連詳細檢查報告) + 醫生諮詢

Regular Fee 原價 \$2,100; Discounted Fee 優惠價 \$1,680*

General plan 全面計劃

- Basic plan + 4 sessions of individual nutrition consultations
- 基本計劃 + 個別營養諮詢四次

Regular Fee 原價 \$3,200; Discounted Fee 優惠價 \$2,560*

Extended plan 特選詳細計劃

- Basic plan + 8 sessions of individual nutrition consultations
- 基本計劃 + 個別營養諮詢八次

Regular Fee 原價 \$4,200; Discounted Fee 優惠價 \$3,360*

* Discount is offered to HKU SPACE/HKU staff and students (with valid student card) and HKU SPACE ALUMNI members.
香港大學專業進修學院及香港大學職員及學生(需持有效學生證)及香港大學專業進修學院校友會會員可獲折扣優惠。

For enquiries or appointment booking 查詢或預約:

☎ 3761 1008

✉ dietclin@hkuspace.hku.hk

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