

Annual Check-up Plan A	Package Price: HK\$980
Basic Items 基本檢查	- Physical Examination By Doctor (Vision, Hearing, Heart, Lung & Abdomen) 醫生體格檢查 (視力、聽覺、心、肺及腹部) - Health Questionnaire 個人健康分析問卷 - Blood Pressure and Pulse 量度血壓及脈搏 - Body Weight and Height 量度身高及體重 - Body Mass Index 身高體重比例指數分析
Urine Test 尿液檢查	Urinalysis 小便微分析
Stool Test 大便檢查	Occult Blood 大便隱血
X-ray Test X 光檢查	Chest X-ray 胸部 X 光
Heart Test 心臟檢查	Resting ECG 靜態心電圖
Blood Test 血液檢驗	
Blood Analysis 血液分析	Complete Blood Count 全血計數
Blood Lipids 血脂肪	Total Cholesterol 總膽固醇
	HDL Cholesterol 高密度膽固醇
	LDL Cholesterol (In-direct) 低密度膽固醇 (間接)
	Triglycerides 三酸甘油脂
Diabetes 糖尿病	Fasting Blood Glucose 空腹血糖
Liver Function 肝功能	SGPT 谷丙轉氨酶
	SGOT 谷草轉氨酶
	GGT 丙種谷氨酸轉肽酶
Renal Function 腎功能	Creatinine 肌酸酐
	Urea 尿素
Gout 痛風症	Uric Acid 尿酸
Rheumatoid Arthritis 類風濕性關節炎	Rheumatoid Factor, Quantative test 類風濕關節炎因子(定量)

- Health check-up report with health recommendations by Doctor 檢查報告連同醫生健康建議
- Telephone Report Interpretation By Doctor 醫生電話講解報告

Annual Check-up Plan B	Package Price: HK\$2,500
Basic Items 基本檢查	• Physical Examination By Doctor 醫生體格檢查 (Vision, Hearing, Heart, Lung & Abdomen 視力、聽覺、心、肺及腹部) • Health Questionnaire 個人健康分析問卷 • Blood Pressure and Pulse 量度血壓及脈搏 • Body Weight and Height 量度身高及體重 • Body Mass Index 身高體重比例指數分析
Urine Test 尿液檢查	Urinalysis 小便微分析
Stool Test 大便檢查	Occult Blood 大便隱血
X-ray Test X 光檢查	Chest X-ray 胸部 X 光
Heart Test 心臟檢查	Resting ECG 靜態心電圖
Gynecological Check-up 婦科檢查	• Pap Smear (Thin Prep) 超薄柏氏子宮頸細胞抹片檢查 ★ • Physical Breasts & Pelvis Examination (By Female Doctor) 乳房及盆腔觸診檢查★
Blood Test 血液檢驗	
Blood Analysis 血液分析	Complete Blood Count 全血計數
Inflammation 炎症	C-Reactive Protein (Quantitative) 丙類反應蛋白(定量)
Blood Lipids 血脂肪	Total Cholesterol 總膽固醇
	HDL Cholesterol 高密度膽固醇
	LDL Cholesterol (In-direct) 低密度膽固醇 (間接)
	Triglycerides 三酸甘油脂
Diabetes 糖尿病	Fasting Blood Glucose 空腹血糖
Hepatitis Screening 肝炎測試	Hepatitis B Surface Antigen 乙型肝炎表面抗原
	Hepatitis B Surface Antibody 乙型肝炎表面抗體
Liver Function 肝功能	SGPT 谷丙轉氨酶
	SGOT 谷草轉氨酶
	GGT 丙種谷氨酸轉肽酶
	Alk Phosphatase 鹼性磷酸酶
Renal Function 腎功能	Creatinine 肌酸酐
	Urea 尿素
Gout 痛風症	Uric Acid 尿酸
Rheumatoid Arthritis 類風濕性關節炎	Rheumatoid Factor, Quantative test 類風濕關節炎因子(定量)
Optional Items 自選項目	Please select one item from below 請選擇以下其中一項:
Ultrasound Screening 超聲波檢查	1. Ultrasound Prostate 前列腺超聲波檢查 ▲
	2. Ultrasound Pelvis 盆腔超聲波檢查 ★ • Uterus 子宮 • Ovary 卵巢 • Bladder 膀胱
	3. Ultrasound Breast 乳房超聲波檢查 ★

★ 女士 for female only ▲ 男士 for male only

- Health check-up report with health recommendations by Doctor 檢查報告連同醫生健康建議
- Telephone Report Interpretation By Doctor 醫生電話講解報告

Annual Check-up Plan C	Package Price: HK\$5,000
Basic Items 基本檢查	- Physical Examination By Doctor (Vision, Hearing, Heart, Lung & Abdomen) 醫生體格檢查 (視力、聽覺、心、肺及腹部) - Health Questionnaire 個人健康分析問卷 - Blood Pressure and Pulse 量度血壓及脈搏 - Body Weight and Height 量度身高及體重 - Body Mass Index 身高體重比例指數分析
Urine Test 尿液檢查	Urinalysis 小便微分析
Stool Test 大便檢查	Occult Blood 大便隱血
X-ray Test X 光檢查	Chest X-ray 胸部 X 光
Heart Test 心臟檢查	Resting ECG 靜態心電圖
	Helicobacter Pylori Breath Test 幽門螺旋菌吹氣測試
Blood Test 血液檢驗	
Blood Analysis 血液分析	Complete Blood Count 全血計數
Inflammation 炎症	C-Reactive Protein (Quantitive) 丙類反應蛋白(定量)
Blood Lipids 血脂肪	Total Cholesterol 總膽固醇
	HDL Cholesterol 高密度膽固醇
	LDL Cholesterol (In-direct) 低密度膽固醇 (間接)
	Triglycerides 三酸甘油脂
Diabetes 糖尿病	Fasting Blood Glucose 空腹血糖
Hepatitis Screening 肝炎測試	Hepatitis B Surface Antigen 乙型肝炎表面抗原
	Hepatitis B Surface Antibody 乙型肝炎表面抗體
Liver Function 肝功能	SGPT 谷丙轉氨酶
	SGOT 谷草轉氨酶
	GGT 丙種谷氨酸轉肽酶
	Alk Phosphatase 鹼性磷酸酶
Pancreatic Function 胰腺功能	Amylase 澱粉酶
Renal Function 腎功能	Creatinine 肌酸酐
	Urea 尿素
	Sodium 鈉
	Chloride 氯化物
Thyroid Function 甲狀腺功能	TSH 促甲狀腺激素
Gout 痛風症	Uric Acid 尿酸
Rheumatoid Arthritis 類風濕性關節炎	Rheumatoid Factor, Quantative test 類風濕關節炎因子(定量)
Cancer Marker 癌症指標	NPC-EBV 鼻咽癌 -艾伯斯坦氏病毒抗體
	Colon Cancer - CEA 腸癌 -癌胚抗原
Gastric Health Screening 胃部健康檢查	Gastrin 17 胃泌素 17 Pepsinogen I 胃蛋白酶原 I Pepsinogen II 胃蛋白酶原 II Pepsinogen I/II Ratio 胃蛋白酶原比值 幽門螺旋桿菌抗體 (定量) IgG Helicobacter Pylori Antibody IgG (Quantitative)

To Be Continued...

Optional Items 自選項目	Please select two items from below 請選擇以下其中兩項:
Ultrasound Screening 超聲波檢查	1. Ultrasound Upper Abdomen 上腹部超聲波檢查 • Liver, Hepatobiliary Duct, Hepatic Portal Vein 肝臟, 肝內膽管, 肝門靜脈 • Gall Bladder, Common Bile Duct 膽囊, 總膽管 • Spleen 脾臟
	2. Ultrasound Prostate 前列腺超聲波檢查 ▲
	3. Ultrasound Pelvis 盆腔超聲波檢查 ★ • Uterus 子宮 • Ovary 卵巢 • Bladder 膀胱
	4. Ultrasound Breast 乳房超聲波檢查 ★
	5. Ultrasound Thyroid Glands 甲狀腺超聲波檢查
Gynecological Check-up 婦科檢查	6. Pap Smear (Thin Prep) 超薄柏氏子宮頸細胞抹片檢查 ★ Physical Breasts & Pelvis Examination (By Female Doctor) ★ 乳房及盆腔觸診檢查

★ 女士 for female only ▲ 男士 for male only

- Health check-up report with health recommendations by Doctor 檢查報告連同醫生健康建議
- Report Interpretation By Doctor 醫生講解報告

預約 Appointment

- 驗身前必須網上預約 或 致電預約，請於辦公時間內致電專線 2272 8222 預約檢查服務

中文 - <https://www.medifasthk.com/zh-hans/corpbooking/> OR

English - <https://www.medifasthk.com/corpbooking/>

Advance appointment is required. Please call our hotline at 2272 8222 for advance booking OR through online booking.

- 電話預約時請說明公司名稱、姓名、驗身日期及時間。

Please quote the company name, patient name, and preferred check-up date and time during the appointment booking

- 驗身當日，請到以下其中一所快驗保醫務中心進行檢查：

Please attend the following **MediFast Medical Centre** on the date of examination:

- 九龍旺角彌敦道 664 號惠豐中心 13 樓全層

13/F., Wai Fung Plaza, 664 Nathan Road, Mongkok, Kowloon

或 OR

- 香港銅鑼灣禮頓道 91 號雲翠大廈 1 樓全層

1/F., Bonaventure House, 91 Leighton Road, Causeway Bay, Hong Kong

或 OR

- 香港中環德輔道中 55 號協成行中心 2 樓全層

2/F, Hip Shing Hong Centre, 55 Des Voeux Road Central, Central, Hong Kong

注意事項 Note

- 檢查日前三天內，請保持正常飲食，盡量勿飲用任何酒類。

Please avoid alcoholic drinks and maintain normal diet for three days before the examination.

- 幽門螺旋菌吹氣測試 - 測試前最少四小時禁止飲食。

Helicobacter Pylori Breath Test - It is necessary to fast for 4 hours at least before the test .

- 若您的驗身計劃內的項目包括血糖、膽固醇、三酸甘油脂及上腹部超聲波等檢查，驗身者需在體檢前禁食 8 小時 (除清水外不可飲食)。

If your check-up program including items like blood glucose, cholesterol, triglycerides, and abdominal ultrasound, 8 hours fasting prior to the examination is required.

- 如您現時正服食慢性病患藥物如糖尿病、高血壓、心臟病、氣喘病等，請於驗身當日將藥物攜帶備用。

If you are currently using any medication(s) for chronic diseases like diabetes, hypertension, heart disease and asthma, please bring along with your medicine on the date of examination.

- 如女仕們在驗身當日正值行經期間，請更改您的驗身日期，因在行經期間進行驗身，可能會影響您的各項測試結果。所有檢查最好是在月經完結最少 5 天後才進行。

For women, if you are menstruating on the day of the assessment, please reschedule your appointment as it might affect your test results. All examinations should be performed upon 5 days after completion of menstrual cycle.

- 妊娠期婦女及懷疑妊娠者，不宜進行任何包含 X 光之影像檢查。

Woman who is pregnant or suspected to be pregnant is not suitable for any imaging involved X-ray.

- 請於驗身當日穿著寬鬆、休閒之衣物，如您在驗身當日已安排運動心電圖檢查，請帶備運動服及運動鞋；如您希望安排其他附加項目，請在預約時查詢有關所需的準備事項。

You should dress comfortably for the examination. If you have scheduled for a Treadmill exercise ECG, please bring along or wear a pair of running shoes, a T-shirt & short for the test. For any other optional test intend to schedule in your examination, please check if any special preparation is required at the time when the appointment is made.

- 如您希望安排加驗其他附加項目，請於預約時登記並須於體檢當天完成後付款(現金或信用卡均可)。

For there is any optional test you intend to schedule in the examination, please inform our hotline at the same time when you make the appointment. You can settle the payment by cash or credit card on the date of examination.

健康檢查需要時間

檢查內容

預計時間〔登記至完成〕

健康檢查

星期一至五 星期六

一般檢查

1.5 - 2 小時 2 - 2.5 小時

抽血 / 心電圖 / 胸部 X 光

全面檢查

2.5 - 3 小時 3 - 4 小時

抽血 / 心電圖 / 胸部 X 光 / 超聲波 / 運動心電圖 / 婦科檢查

* 以上預計時間只供參考，實際時間會因應當日人流及檢查內容有所改變，不便之處，敬請原諒！

* 每位客人檢查項目及流程不盡相同，完成時間有快慢之分，不能直接比較

Health Check-Up Time Period

Health Check-Up Timeline

Approx. Time Frame

(Start to Finish)

Mon - Fri Sat

General Examination

1.5 - 2 Hours 2 - 2.5 Hours

Blood Draw / Resting ECG / Chest X-Ray

Comprehensive Examination

2.5 - 3 Hours 3 - 4 Hours

Blood Draw / Resting ECG / Chest X-Ray / Ultrasound /

Treadmill ECG / Gynecological Exam

* The following time frames are strictly guidelines and does not reflect the actual time required for examinations.

It will depend on that particular day and the appointments scheduled. We apologize in advance for any inconvenience caused.

* Each client requires a different set of check-up items and with varying examination times. Completion periods amongst our clients will vary.

MediFast 快驗保健康檢查中心
快驗保 MediFast Health Check Centre

中環 Central

德輔道中55號協成行中心2樓全層
2/F, Hip Shing Hong Centre,
55 Des Voeux Road Central

電話Tel: 2272 8222 傳真Fax: 2272 8333

服務時間 Service Hour

- 星期一至五 Mon-Fri
9:00am - 1:00pm, 2:00pm - 6:00pm
- 星期六 Sat
9:00am - 1:00pm, 2:00pm - 5:00pm



銅鑼灣 Causeway Bay

禮頓道91號雲翠大廈1樓全層
1/F, Bonaventure House,
91 Leighton Road

電話Tel: 2272 8222 傳真Fax: 2272 8333

服務時間 Service Hour

- 星期一至五 Mon-Fri
9:00am - 1:00pm, 2:00pm - 6:00pm
- 星期六 Sat
9:00am - 1:00pm, 2:00pm - 5:00pm



旺角 Mongkok

彌敦道664號惠豐中心13樓全層
13/F, Wai Fung Plaza,
664 Nathan Road

電話Tel: 2272 8222 傳真Fax: 2272 8333

服務時間 Service Hour

- 星期一至五 Mon-Fri
9:00am - 1:00pm, 2:00pm - 6:00pm
- 星期六 Sat
9:00am - 1:00pm, 2:00pm - 5:00pm



www.medifasthk.com