

Schedule I

Annual Check-up Plan A	Package Price: HK\$990
Basic Items 基本檢查	<ul style="list-style-type: none"> • Physical Examination By Doctor (Vision, Hearing, Heart, Lung & Abdomen) 醫生體格檢查 (視力、聽覺、心、肺及腹部) • Health Questionnaire 個人健康分析問卷 • Blood Pressure and Pulse 量度血壓及脈搏 • Body Weight and Height 量度身高及體重 • Body Mass Index 身高體重比例指數分析
Urine Test 尿液檢查	Urinalysis 小便微分析
Stool Test 大便檢查	Occult Blood 大便隱血
X-ray Test X 光檢查	Chest X-ray 胸部 X 光
Heart Test 心臟檢查	Resting ECG 靜態心電圖
Blood Test 血液檢驗	
Blood Analysis 血液分析	Complete Blood Count 全血計數
Blood Lipids 血脂肪	Total Cholesterol 總膽固醇
	HDL Cholesterol 高密度膽固醇
	LDL Cholesterol (In-direct) 低密度膽固醇 (間接)
	Triglycerides 三酸甘油脂
Diabetes 糖尿病	Fasting Blood Glucose 空腹血糖
Liver Function 肝功能	SGPT 谷丙轉氨酶
	SGOT 谷草轉氨酶
	GGT 丙種谷氨酸轉肽酶
Renal Function 腎功能	Creatinine 肌酸酐
	Urea 尿素
Gout 痛風症	Uric Acid 尿酸
Rheumatoid Arthritis 類風濕性關節炎	Rheumatoid Factor, Quantitative test 類風濕關節炎因子(定量)
• Health check-up report 健康檢查報告	

Annual Check-up Plan B	Package Price: HK\$2,560
Basic Items 基本檢查	<ul style="list-style-type: none"> • Physical Examination By Doctor (Vision, Hearing, Heart, Lung & Abdomen) 醫生體格檢查 (視力、聽覺、心、肺及腹部) • Health Questionnaire 個人健康分析問卷 • Blood Pressure and Pulse 量度血壓及脈搏 • Body Weight and Height 量度身高及體重 • Body Mass Index 身高體重比例指數分析
Urine Test 尿液檢查	Urinalysis 小便微分析
Stool Test 大便檢查	Occult Blood 大便隱血
X-ray Test X光檢查	Chest X-ray 胸部 X 光
Heart Test 心臟檢查	Resting ECG 靜態心電圖
Gynecological Check-up 婦科檢查	<ul style="list-style-type: none"> • Pap Smear (Thin Prep) 超薄柏氏子宮頸細胞抹片檢查 ★ • Physical Breasts & Pelvis Examination (By Female Doctor) 乳房及盆腔觸診檢查 ★
Blood Test 血液檢驗	
Blood Analysis 血液分析	Complete Blood Count 全血計數
Inflammation 炎症	C-Reactive Protein (Quantitative) 丙類反應蛋白(定量)
Blood Lipids 血脂肪	Total Cholesterol 總膽固醇
	HDL Cholesterol 高密度膽固醇
	LDL Cholesterol (In-direct) 低密度膽固醇 (間接)
	Triglycerides 三酸甘油脂
Diabetes 糖尿病	Fasting Blood Glucose 空腹血糖
Hepatitis Screening 肝炎測試	Hepatitis B Surface Antigen 乙型肝炎表面抗原
	Hepatitis B Surface Antibody 乙型肝炎表面抗體
Liver Function 肝功能	SGPT 谷丙轉氨酶
	SGOT 谷草轉氨酶
	GGT 丙種谷氨酸轉肽酶
	Alk Phosphatase 鹼性磷酸酶
Renal Function 腎功能	Creatinine 肌酸酐
	Urea 尿素
Gout 痛風症	Uric Acid 尿酸
Rheumatoid Arthritis 類風濕性關節炎	Rheumatoid Factor, Quantitative test 類風濕關節炎因子(定量)
Optional Items 自選項目	Please select one item from below 請選擇以下其中一項:
Ultrasound Screening 超聲波檢查	<ol style="list-style-type: none"> 1. Ultrasound Prostate 前列腺超聲波檢查 ▲ 2. Ultrasound Pelvis 盆腔超聲波檢查 ★ <ul style="list-style-type: none"> • Uterus 子宮 • Ovary 卵巢 • Bladder 膀胱 3. Ultrasound Breast 乳房超聲波檢查 ★

• Health check-up report 健康檢查報告

★ 女士 for female only ▲ 男士 for male only

Annual Check-up Plan C	Package Price: HK\$5,000
Basic Items 基本檢查	<ul style="list-style-type: none"> • Physical Examination By Doctor (Vision, Hearing, Heart, Lung & Abdomen) 醫生體格檢查 (視力、聽覺、心、肺及腹部) • Health Questionnaire 個人健康分析問卷 • Blood Pressure and Pulse 量度血壓及脈搏 • Body Weight and Height 量度身高及體重 • Body Mass Index 身高體重比例指數分析
Urine Test 尿液檢查	Urinalysis 小便微分析
Stool Test 大便檢查	Occult Blood 大便隱血
X-ray Test X 光檢查	Chest X-ray 胸部 X 光
Heart Test 心臟檢查	Resting ECG 靜態心電圖
Helicobacter Pylori Screening 幽門螺旋菌檢測	Helicobacter Pylori Breath Test 幽門螺旋菌吹氣測試
Blood Test 血液檢驗	
Blood Analysis 血液分析	Complete Blood Count 全血計數
Inflammation 炎症	C-Reactive Protein (Quantitative) 丙類反應蛋白(定量)
Blood Lipids 血脂肪	Total Cholesterol 總膽固醇
	HDL Cholesterol 高密度膽固醇
	LDL Cholesterol (In-direct) 低密度膽固醇 (間接)
	Triglycerides 三酸甘油脂
Diabetes 糖尿病	Fasting Blood Glucose 空腹血糖
Hepatitis Screening 肝炎測試	Hepatitis B Surface Antigen 乙型肝炎表面抗原
	Hepatitis B Surface Antibody 乙型肝炎表面抗體
Liver Function 肝功能	SGPT 谷丙轉氨酶
	SGOT 谷草轉氨酶
	GGT 丙種谷氨酸轉肽酶
	Alk Phosphatase 鹼性磷酸酶
Pancreatic Function 胰腺功能	Amylase 澱粉酶
Renal Function 腎功能	Creatinine 肌酸酐
	Urea 尿素
	Sodium 鈉
	Chloride 氯化物
Thyroid Function 甲狀腺功能	TSH 促甲狀腺激素
Gout 痛風症	Uric Acid 尿酸
Rheumatoid Arthritis 類風濕性關節炎	Rheumatoid Factor, Quantitative test 類風濕關節炎因子(定量)
Cancer Marker 癌症指標	NPC-EBV 鼻咽癌 -艾柏斯坦氏病毒抗體
	Carcinoembryonic Antigen (CEA) 癌胚抗原
Gastric Health Screening 胃部健康檢查	Gastrin 17 胃泌素 17
	Pepsinogen I 胃蛋白酶原 I
	Pepsinogen II 胃蛋白酶原 II
	Pepsinogen I/II Ratio 胃蛋白酶原比值
	IgG Helicobacter Pylori Antibody IgG (Quantitative) 幽門螺旋桿菌抗體 (定量)

Optional Items 自選項目	Please select two items from below 請選擇以下其中兩項:
Ultrasound Screening 超聲波檢查	1. Ultrasound Upper Abdomen 上腹部超聲波檢查 • Liver, Hepatobiliary Duct, Hepatic Portal Vein 肝臟, 肝內膽管, 肝門靜脈 • Gall Bladder, Common Bile Duct 膽囊, 總膽管 • Spleen 脾臟
	2. Ultrasound Prostate 前列腺超聲波檢查 ▲
	3. Ultrasound Pelvis 盆腔超聲波檢查 ★ • Uterus 子宮 • Ovary 卵巢 • Bladder 膀胱
	4. Ultrasound Breast 乳房超聲波檢查 ★
	5. Ultrasound Thyroid Glands 甲狀腺超聲波檢查
Gynecological Check-up 婦科檢查	6. • Pap Smear (Thin Prep) 超薄柏氏子宮頸細胞抹片檢查 ★ • Physical Breasts & Pelvis Examination (By Female Doctor) 乳房及盆腔觸診檢查 ★

- Health check-up report 健康檢查報告
- Report Interpretation By Doctor 醫生講解報告

★ 女士 for female only ▲ 男士 for male only

Appendix I - Administration

1. Member should quote the Company name as proof of identity.
2. Eligible member shall arrange the check-up appointment in advance at any one of the locations listed in Appendix I. Appointment can be arranged through:
 - (i) MediFast Service Hotline at 2272 8222 (please quote company name/code); or
 - (ii) MediFast Website: [HTTPS://WWW.MEDIFASTHK.COM/CORPBOOKING/](https://www.medifasthk.com/corpbooking/)
3. Should member want to change or cancel an appointment as necessary, please contact MediFast's Service Hotline: 2272 8222 at least 3 working days in advance.
4. Member shall also present his/her Identity Card/Passport for registration upon arrival at the Centre.
5. All expenses of check-up plan shall be borne by the examinee in accordance to the price listed in Schedule I.
6. Should the examinee intend to take any additional item(s) on the check-up day at his/her own costs, please inform MediFast when making the appointment. Payment receipt will be issued by the Centre to the examinee on the check-up day.
7. Medical report will be issued to the examinee directly.

MediFast (Hong Kong) Limited

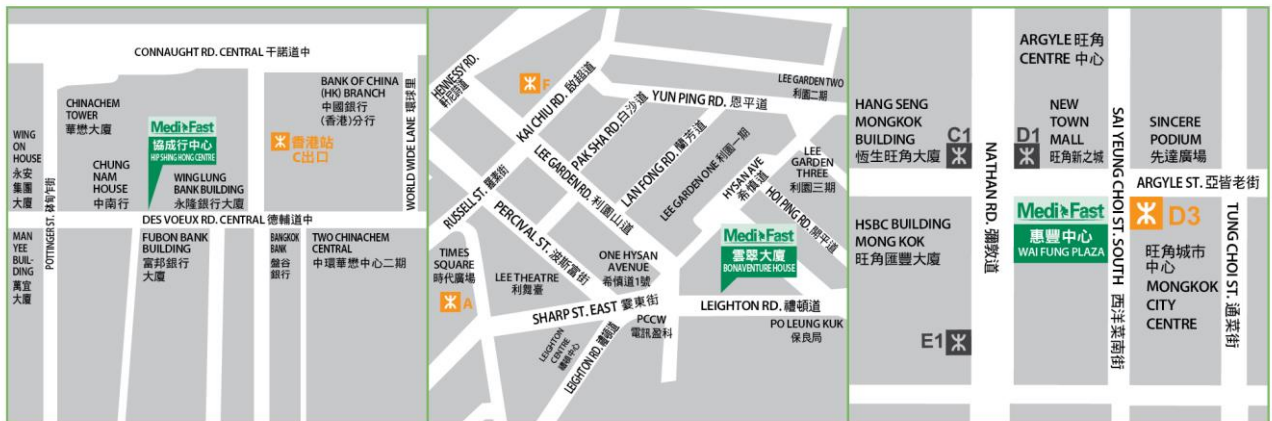
Booking Arrangement 預約須知

- Advance appointment is required. Please contact MediFast's hotline at 2272 8222 for advance booking OR online booking via [HTTP://WWW.MEDIFASTHK.COM/CORPBOOKING/](http://www.MEDIFASTHK.COM/CORPBOOKING/)

驗身前必須進行預約，請於辦公時間內致電快驗保之客戶服務熱線 2272 8222 進行預約，或透過以下網址進行網上預約 [HTTP://WWW.MEDIFASTHK.COM/ZH-HANS/CORPBOOKING/](http://www.MEDIFASTHK.COM/ZH-HANS/CORPBOOKING/)

- Please provide name of company and the assigned company code, name of examinee, HKID number and the preferred check-up date, time and location (please refer to the locations below) upon making the appointment:

電話預約時請提供公司名稱、公司編號、驗身者姓名、身份證號碼、驗身日期、時間及地點 (請從以下地點選擇)：



中環 Central

德輔道中55號協成行中心2樓全層
2/F, Hip Shing Hong Centre,
55 Des Voeux Road Central

銅鑼灣 Causeway Bay

禮頓道91號雲翠大廈1樓全層
1/F, Bonaventure House,
91 Leighton Road

旺角 Mongkok

彌敦道664號惠豐中心13樓全層
13/F, Wai Fung Plaza,
664 Nathan Road

營業時間 Opening Hours

- 星期一至五 Mon-Fri: 9:00am - 1:00pm, 2:00pm - 6:00pm
- 星期六 Sat: 9:00am - 1:00pm, 2:00pm - 5:00pm

聯絡我們 Contact Us

- 電話Tel: 2272 8222
- 傳真Fax: 2272 8333

- Examinee shall present his/her HKID Card for registration upon arrival at the Centre.
驗身者需於驗身當天出示其本人之香港身份證以作登記。
- In case of a change or cancellation of appointment, please contact our Customer Service Hotline: 2272 8222 at least 3 working days in advance.
如需更改或取消預約，請提早至少 3 天與我們的客戶服務部聯絡，客戶服務熱線: 2272 8222。

Note 注意事項

- Please avoid alcoholic drinks and maintain normal diet for three days before the examination.
檢查日前三天內，請保持正常飲食，盡量勿飲用任何酒類。
- If check-up program is including blood glucose, cholesterol, triglycerides, and abdominal ultrasound screening, 8 hours fasting prior to the examination is required.
若驗身計劃內的項目包括血糖、膽固醇、三酸甘油酯及上腹部超聲波等檢查，驗身者需在體檢前禁食 8 小時 (除清水外不可飲食)。
- Helicobacter Pylori Breath Test: It is necessary to fast for 4 hours at least before the test.
幽門螺旋菌吹氣測試：測試前最少四小時禁止飲食。
- If you are currently using any medication(s) for chronic diseases, such as diabetes, hypertension, heart disease and asthma, please bring along with your medicine on the date of examination.
如您現時正服食慢性病患藥物如糖尿病、高血壓、心臟病、氣喘病等，請於驗身當日將藥物攜帶備用。
- For women who is menstruating on the day of the assessment, please reschedule the appointment as it might affect the test results. All examinations should be performed at least 5 days after the completion of menstrual cycle.
如女仕們在驗身當日正值行經期間，請更改驗身日期，因在行經期間進行相關驗身會有可能影響各項檢測的結果。請把驗身安排在月經完結後最少 5 天才進行。
- Woman who is pregnant or suspected to be pregnant is not suitable for any imaging test involved X-ray.
妊娠期婦女及懷疑妊娠者，不宜進行任何包含 X 光之影像檢查。
- Should the examinee intend to take any additional item(s) on the check-up day, please inform MediFast when making the appointment, and settle the payment by cash or credit card on the date of examination.
如需安排加驗任何附加項目，請於預約時通知快驗保之客戶服務員，並在體檢當天完成服務後在中心內付款(現金或信用卡均可)。