

MediFast (Hong Kong) Limited: Special Discount for HKU SPACE ALUMNI Members

Service Period: 1st January to 31st December 2026

- C1196 HKU SPACE ALUMNI (Life Membership)
- C1197 HKU SPACE ALUMNI (Ordinary Membership)



MEDIFAST (HONG KONG) LIMITED



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CSI@MEDIFASTHK.COM



HONG KONG

- CENTRAL
- CAUSEWAY BAY
- MONGKOK

HKU SPACE ALUMNI (Ordinary Membership) Company Code: C1197		Plan A (HK\$1,150)	Plan B (HK\$2,560)	Plan C (HK\$4,750)	Plan D (HK\$4,900)	Plan E (HK\$5,900)
General Health Assessment 基本健康評估	- Physical Examination By Doctor (Vision, Hearing, Heart, Lung & Abdomen) 醫生體格檢查 (視力、聽覺、心、肺及腹部) - Health Questionnaire 個人健康分析問卷 - Blood Pressure and Pulse 量度血壓及脈搏 - Body Weight and Height 量度身高及體重 - Body Mass Index 身高體重比例指數分析	✓	✓	✓	✓	✓
Urine Test 尿液檢查	Urinalysis 小便微分析	✓	✓	✓	✓	✓
Stool Test 大便檢查	Occult Blood 大便隱血	✓	✓	✓	✓	✓
X-ray Test X 光檢查	Chest X-ray 胸部 X 光	✓	✓	✓	✓	✓
Heart Test 心臟檢查	Resting ECG 靜態心電圖		✓	✓	✓	✓
Retinography 眼底攝影檢查	AI Retinal Health Assessment AI 人工智能視網膜健康評估 - Retinography 眼底攝影檢查： - Diabetic Retinopathy 糖尿病 (糖尿眼) - Maculopathy 黃斑類 - Optic Lesions 視神經 (青光眼) - Retinal and Choroidal Lesions 視網膜及脈絡膜 - Chronic Disease Risk 健康風險評估： - Diabetes 糖尿病 - Hypertension 高血壓 - Myocardial Infarction 心肌梗塞 - Cerebral Infarction 腦梗塞 - Anaemia 貧血 - Ablepsia 視力損傷	✓	✓	✓	✓	✓
Helicobacter Pylori 幽門螺旋菌檢測	Helicobacter Pylori Breath Test 幽門螺旋菌吹氣測試			✓	✓	✓
Ultrasound Screening 超聲波檢查	Ultrasound of Whole Abdomen 全腹部超聲波 - Pelvis/Prostate 盆腔/前列腺 - UB 膀胱 • Liver 肝 • Gall Bladder 膽 • Spleen 脾臟 • Kidneys 腎臟				✓	✓
Osteoporosis 骨質疏鬆檢查	DEXA Bone Densitometry (Spine & Hip) 雙重能量 X 光吸收骨質密度檢查(腰椎及股骨)				✓	✓
Gynecological Check-up 婦科檢查	- Pap Smear 柏氏子宮頸細胞抹片檢查 ★ - Physical Breasts & Pelvis Examination (By Female Doctor) 乳房及盆腔觸診檢查 ★				✓	✓
Blood Test 血液檢驗						
Blood Analysis 血液分析	Complete Blood Count 全血計數	✓	✓	✓	✓	✓
Inflammation 炎症	C-Reactive Protein (Quantitive) 丙類反應蛋白(定量)		✓	✓		
	ESR 血沉降率				✓	✓

HKU SPACE ALUMNI (Ordinary Membership) Company Code: C1197		Plan A	Plan B	Plan C	Plan D	Plan E
Blood Lipids 血脂肪	Total Cholesterol 總膽固醇	✓	✓	✓	✓	✓
	HDL Cholesterol 高密度膽固醇	✓	✓	✓		
	LDL Cholesterol (Direct) 低密度膽固醇 (直接)	✓	✓	✓		
	Triglycerides 三酸甘油脂	✓	✓	✓		
Diabetes 糖尿病	Fasting Blood Glucose 空腹血糖	✓	✓	✓	✓	✓
Hepatitis Screening 肝炎測試	Hepatitis B Surface Antigen 乙型肝炎表面抗原			✓	✓	✓
	Hepatitis B Surface Antibody 乙型肝炎表面抗體			✓	✓	✓
Liver Function 肝功能	SGPT 谷丙轉氨酶	✓	✓	✓	✓	✓
	SGOT 谷草轉氨酶	✓	✓	✓	✓	✓
	GGT 丙種谷氨酸轉肽酶	✓	✓	✓	✓	✓
	Alk Phosphatase 鹼性磷酸酶		✓	✓	✓	✓
	• Total Protein 總蛋白質 • Albumin 白蛋白 • Globulin 球蛋白 • A/G Ratio 白蛋白及球蛋白比率				✓	✓
Pancreatic Function 胰腺功能	Amylase 澱粉酶			✓		
Renal Function 腎功能	Creatinine 肌酸酐	✓	✓	✓	✓	✓
	Urea 尿素	✓	✓	✓	✓	✓
	Sodium 鈉			✓		
	Chloride 氯化物			✓		
Thyroid Function 甲狀腺功能	TSH 促甲狀腺激素			✓		
	T4 甲狀腺素	✓			✓	✓
Gout 痛風症	Uric Acid 尿酸	✓	✓	✓	✓	✓
Rheumatoid Arthritis 類風濕性關節炎	Rheumatoid Factor, Quantitative test 類風濕關節炎因子(定量)	✓	✓	✓	✓	✓
Bone 骨骼	Total Calcium 鈣				✓	✓
Cancer Marker 癌症指標	NPC-EBV 鼻咽癌 - 艾柏斯坦氏病毒抗體				✓	✓
	Liver Cancer - AFP 肝癌 - 甲胎蛋白				✓	✓
	Carcinoembryonic Antigen (CEA) 癌胚抗原				✓	✓
	Prostate Cancer - PSA Total 前列腺癌 - 前列腺癌抗原 ▲		✓		✓	
Optional Items 自選項目	(For Plan B Only)					
Ultrasound Screening 超聲波檢查	Ultrasound of Upper Abdomen 上腹部超聲波檢查 • Liver, Hepatobiliary Duct, Hepatic Portal Vein 肝臟, 肝內膽管, 肝門靜脈 • Gall Bladder, Common Bile Duct 膽囊, 總膽管 • Spleen 脾臟		Please select one item 請選擇其中一項			
	Ultrasound of Prostate 前列腺超聲波檢查 ▲					
	Ultrasound of Pelvis 盆腔超聲波檢查 ★ • Uterus 子宮 • Ovary 卵巢 • Bladder 膀胱					
	Ultrasound of Breast 乳房超聲波檢查 ★					
	Ultrasound of Thyroid Glands 甲狀腺超聲波檢查					
Osteoporosis 骨質疏鬆檢查	DEXA Bone Densitometry (Spine & Hip) 雙重能量 X 光吸收骨質密度檢查(腰椎及股骨)					

HKU SPACE ALUMNI (Ordinary Membership) Company Code: C1197		Plan A	Plan B	Plan C	Plan D	Plan E
Optional Items 自選項目						
Ultrasound Screening 超聲波檢查	Ultrasound of Upper Abdomen 上腹部超聲波檢查 • Liver, Hepatobiliary Duct, Hepatic Portal Vein 肝臟, 肝內膽管,肝門靜脈 • Gall Bladder, Common Bile Duct 膽囊, 總膽管 • Spleen 脾臟			Please select three items 請選擇其中三項		
	Ultrasound of Prostate 前列腺超聲波檢查 ▲					
	Ultrasound of Pelvis 盆腔超聲波檢查 ★ • Uterus 子宮 • Ovary 卵巢 • Bladder 膀胱					
	Ultrasound of Breast 乳房超聲波檢查 ★					
	Osteoporosis 骨質疏鬆檢查					
DEXA Bone Densitometry (Spine & Hip) 雙重能量 X 光吸收骨質密度檢查(腰椎及股骨)						
Gastric Health Screening 胃部健康檢查	Gastrin 17 胃泌素 17 Pepsinogen I 胃蛋白酶原 I Pepsinogen II 胃蛋白酶原 II Pepsinogen I/II Ratio 胃蛋白酶原比值 IgG Helicobacter Pylori Antibody IgG (Quantitative) 幽門螺旋桿菌 抗體 (定量)					
X-ray Test X 光檢查	Mammogram 乳房 X 光造影 ★					
Cancer Marker 癌症指標	Liver Cancer - AFP 肝癌 -甲胎蛋白 Carcinoembryonic Antigen (CEA) 癌胚抗原 Breast Cancer- CA15.3 乳癌 -癌抗原 15.3 ★ Ovary Cancer- CA125 卵巢癌 -癌抗原 125 ★ Prostate Cancer - PSA Total 前列腺癌 - 前列腺癌抗原 ▲					
	Optional Items 自選項目					
	X-ray Test X 光檢查	Mammogram 乳房 X 光造影 ★			Please select one item 請選擇其中一項	
	Ultrasound Screening 超聲波檢查	Ultrasound of Breast 乳房超聲波檢查 ★				
	• Health check-up report 健康檢查報告		✓	✓	✓	✓
• Telephone Report Interpretation By Medical Professional 由專業醫護人員電話講解報告			✓			
• Report Interpretation By Doctor 醫生講解報告				✓	✓	✓
* Free breakfast & VIP Room is reserved subject to the availability of the centre. 中心將按照實際情況預留貴賓室及提供免費早餐乙份				✓	✓	✓
★ 女士 for female only ▲ 男士 for male only						

Booking Arrangement

- Advance appointment is required:

- WhatsApp (852) 6117 7954 (Scan the QR code)
- Contact MediFast's hotline at (852) 2272 8222
- Visit our website via: <https://www.medifasthk.com/ebooking> for advance booking

- In case of a change or cancellation of appointment, please contact our Customer Service Hotline: 2272 8222 at least 3 working days in advance.

- 驗身前必須進行預約:

- WhatsApp (852) 6117 7954
(可直接掃描右邊二維碼轉到 WhatsApp 版面)
- 致電快驗保之客戶服務熱線 (852) 2272 8222
- 透過以下網址 <https://www.medifasthk.com/ebooking> 進行預約

- 如需更改或取消預約，請提早至少 3 天與我們的客戶服務部聯絡，客戶服務熱線: 2272 8222。

- Please quote the Name of Company and Examinee, HKID number and preferred check-up date, time and location (Please refer to available locations below) during the appointment making:

電話預約時請說明公司名稱、驗身者姓名、身份證號碼、驗身日期、時間及地點 (請從以下地點選擇):



中環 Central

德輔道中55號協成行中心2樓全層
2/F, Hip Shing Hong Centre,
55 Des Voeux Road Central

銅鑼灣 Causeway Bay

禮頓道91號雲翠大廈1樓全層
1/F, Bonaventure House,
91 Leighton Road

旺角 Mongkok

彌敦道664號惠豐中心13樓全層
13/F, Wai Fung Plaza,
664 Nathan Road

營業時間 Opening Hours

- 星期一至五 Mon-Fri: 9:00am - 1:00pm, 2:00pm - 6:00pm
- 星期六 Sat: 9:00am - 1:00pm, 2:00pm - 5:00pm

聯絡我們 Contact Us

- 電話 Tel: 2272 8222
- 傳真 Fax: 2272 8333

BOOK NOW



Preparation Before Examination

- Please avoid alcoholic drinks and maintain normal diet for three days before the examination.
- If check-up program is including blood glucose, cholesterol, triglycerides, and abdominal ultrasound screening, 8 hours fasting prior to the examination is required.
- Helicobacter Pylori Breath Test: It is necessary to fast for 4 hours at least before the test.
- DEXA Bone Densitometry: Recommended for persons aged 60 years old or above OR if indicated.
- Mammogram: Recommended for women aged 35 years old or above OR if indicated.
- If you are currently using any medication(s) for chronic diseases, such as diabetes, hypertension, heart disease and asthma, please bring along with your medicine on the date of examination.
- For women who is menstruating on the day of the assessment, please reschedule the appointment as it might affect the test results. All examinations should be performed at least 5 days after the completion of menstrual cycle.
- Woman who is pregnant or suspected to be pregnant is not suitable for any imaging test involved X-ray.
- Please do not wear colored contact lenses for Retinography assessment. If you have undergone cataract surgery / laser vision treatment in the past three months / had ever received photodynamic therapy (PDT) / photosensitizing drugs, it is not recommended to perform Retinography assessment.
- Please dress comfortably for the examination. For any other optional test intend to schedule in your examination, please check if any special preparation is required at the time when the appointment is made.
- Should the examinee intend to take any additional item(s) on the check-up day, please inform MediFast when making the appointment, and settle the payment by cash or credit card on the date of examination.
- 檢查日前三天內，請保持正常飲食，盡量勿飲用任何酒類。
- 若驗身計劃內的項目包括血糖、膽固醇、三酸甘油酯及上腹部超聲波等檢查，驗身者需在體檢前禁食 8 小時 (除清水外不可飲食)。
- 幽門螺旋菌吹氣測試：測試前最少四小時禁止飲食。
- 雙重能量 X 光吸收骨質密度檢查：建議 60 歲或以上，或有需要之人士進行。
- 乳房 X 光造影檢查：建議 35 歲或以上，或有需要之女士進行。
- 如您現時正服食慢性病患藥物如糖尿病、高血壓、心臟病、氣喘病等，請於驗身當日將藥物攜帶備用。
- 如女仕們在驗身當日正值行經期間，請更改驗身日期，因在行經期間進行相關驗身會有可能影響各項檢測的結果。請把驗身安排在月經完結後最少 5 天才進行。
- 妊娠期婦女及懷疑妊娠者，不宜進行任何包含 X 光之影像檢查。
- 如需進行眼底攝影檢查，檢查當日請勿配戴有色隱形眼鏡。如您過往三個月內曾進行白內障手術或激光矯視；及曾接受光動療法或光敏藥物治療，均不適宜進行眼底攝影檢查。
- 請於驗身當日穿著寬鬆、休閒之衣物。如欲安排其他附加項目，請在預約時向快驗保之客戶服務員查詢有關須知及相關的注意事項。
- 如需安排加驗任何附加項目，請於預約時通知快驗保之客戶服務員，並在體檢當天完成服務後在中心內付款(現金或信用卡均可)。